



Human beings have a tendency and a basic need for it. However, the society around him them affects them. They have been mentioned in many authentic prophetic traditions (Ahaadeeth).

The Rituals (Sunan)	The Ruling	Explanation
[1] Clipping the Moustache	Recommended, and disliked to completely shave it	The Sunnah regarding the mustache is to cut it and reduce it, and to take from it until the edges of the lip appear
[2] Lengthening the beard	Obligatory	It is forbidden to shave the beard; because it defies the prophetic command of lengthening it
[3] The tooth stick (As-Siwaak)	Emphasised Sunnah	Using a stick from 'Ood Al-Araak' and similar to it, to clean the teeth. It is Sunnah at all times, and it is confirmed: when performing ablution, when praying, entering the house and the mosque, reading the Qur'an, getting up from sleep and paying attention to it, at death, and changing the smell of the mouth.
[4] Instinshaaq of water	From the recommended acts of Wudhu	Washing the nose by inserting water into it and then removing it.
[5] Clipping the nails	Recommended, and not befitting to delay it for more than 40 days	Trim the nails, cut them; because leaving it there is a reason for dirt to collect under it.
[6] Washing the joints	Recommended	cleaning the places where dirt collects; They are meanders and knots in the fingers (between the fingers).
[7] Plucking armpit hair	Recommended, and not befitting to delay it for more than 40 days	It is the removal of hair that grows in the armpit, whether it was removed by plucking, shaving, or otherwise. Because it removes it from the cleanliness and cuts the foul odor.
[8] Shaving pubic hair	Recommended, and not befitting to delay it for more than 40 days	The hair around the private parts. It can be removed without shaving; Like manufactured removers.
[9] Istinjaa	From the etiquettes of relieving oneself	Removing what comes out of the two pathways, by washing with water and the like, from the place of exit, and what is close to it.
[10] Rinsing the Mouth	From the recommended acts of Wudhu	Washing the mouth by inserting water into it and then removing it.
<p>A'isha reported: The Messenger of Allah (ﷺ) said: Ten are the acts according to fitrah: clipping the moustache, letting the beard grow, using the tooth-stick, snuffing water in the nose, cutting the nails, washing the finger joints, plucking the hair under the armpits, shaving the pubes and cleaning one's private parts with water. The narrator said: I have forgotten the tenth, but it may have been rinsing the mouth. (Narrated by Muslim)</p>		
[11] Circumcision	Obligatory for men, recommended for women if needed	It is the cut of the skin that covers the glans; so that dirt does not gather in it, and so that he can be clear of urine.
<p>On the authority of Abu Hurayrah on the authority of the Prophet (ﷺ), said: "Five things are part of the fitrah: Circumcision..." Agreed upon (Bukhari and Muslim)</p>		

Source: Fathul Mu'een Fee Taqreeb Manhaj As-Saalikeen Wa Tawdheeh Al-Fiqh Fee Ad-Deen by Shaykh Haytham Sarhaan, 1st edition 1442 AH